

CITATION TO ACCOMPANY
THE INTERNATIONAL SOCIETY FOR ETHICAL PSYCHOLOGY AND PSYCHIATRY

SPECIAL ACHIEVEMENT AWARD

PRESENTED TO

RACHEL FLANIGAN

For several years Rachel Flanigan has been a Hearing Voices Group facilitator, running two groups weekly and reaching hundreds of people who struggle with finding new ways to understand their voices, visions, and altered states. Rachel's work is informed by her own experiences of weaning off neuroleptic drugs and surviving psychiatric abuse. She has taught her own visionary method for engaging with altered states through myth making and reinventing narratives of self and reality. Rachel is also a PhD economist who has contributed crucial expertise in statistical analysis in collaboration with the works of Dr. Joanna Moncrieff, Dr. Mark Horowitz, Dr. Ruth Cooper, and other key researchers working to challenge the medical and disease model assumptions driven by the pharmaceutical industry. Rachel's tireless support of the Maastricht Antipsychotic Withdrawal Survey has contributed to the development of a more humane way to help people leave the world of major tranquilizers. She is a longtime Buddhist practitioner who has navigated realities and her own suffering through the deep study of Buddhist principles. She has a very influential and unique presence that effectively facilitates learning about the experience of altered states outside the orthodoxy. Rachel is, and continues to be, a powerful asset to the critical psychiatry movement, making her more than worthy of this award.

Awarded October 29, 2023



Chuck Ruby, PhD
Executive Director