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### From The Director...

August 2017

"Restoring humanity to life"



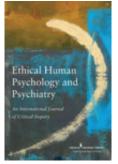
Chuck Ruby, Ph.D. Executive Director

"And now you know...the rest of the story"

For those of you as old as me, you'll know this line from the Paul Harvey radio program series which showcased stories that had surprising facts held back until the end of the story. Those facts were "the rest of the story." Maybe it was the hurricane's name or maybe it was the substance of what I'll get to in a moment, but this old program came to mind when I was reading the devastating reports this week from hurricane Harvey's attack. The utter catastrophe and human misery will echo on as will the stories of first responders, neighbors, family, friends, and strangers coming

Dear ISEPP members and friends,

## Call for Papers - Ethical Human Psychology and Psychiatry



We have issued a <u>Call for Papers</u> for our peer-reviewed journal <u>Ethical Human Psychology and</u> <u>Psychiatry (EHPP)</u>, published by Springer Publishing Company. EHPP offers a publication opportunity unlike other journals

and is looking for high quality submissions focused on ethical, just, and humane contributions to society. Please spread the word, especially among your academic friends. Submissions can be made online.

# ISEPP's 20th Annual Conference - Mental Health: Considering Context in Human Suffering

Register now for our conference in Denver this coming October 6



through 8. The conference theme of considering

to the aid of the thousands in need. But the headlines will soon be replaced by TV crawlers and eventually dwindle away as they always do, even though the tragedy will outlast them for decades.

So what is the rest of the story? It is that inevitably, battalions of mental health professionals will swoop in and offer treatment. The focus will quickly turn to mental disorders and how those affected by Harvey the hurricane will be diagnosed and encouraged to take advantage of specialists' interventions to cure them. Many will be shuffled into the bio-psychiatric pipeline, from which they might spend years struggling to exit. Today, along with many psychologists around the country, I received an email from my state psychological association advising that the Governor of Texas has authorized non-Texas licensed psychologists to come to Texas and provide treatment to those affected. While I think this is a noble effort, and recognizing many people will in fact need help coping with this disaster, it nonetheless signals yet another turn toward a focus on individual defect rather than defect in the context.

In keeping with our <u>upcoming</u> <u>conference</u> theme, it is important to remember the context of this staggering disaster. It is not that people affected by it have defects that need to be fixed with treatment. It is that they are

context in human suffering promises to showcase the best ideas about how emotional distress is best seen as a normal reaction to abnormal situations. Up to 18 CEUs are available. Make your travel plans and lodging accommodations today! All current ISEPP members receive a registration discount for the conference. To get the discount, obtain the coupon code from Robert Sliclen (201-664-2566) prior to registering. Those of you who are not currently members should join now. In addition to the conference registration discount, you will immediately begin receiving the ISEPP Bulletin, electronic access to our peer-reviewed journal, Ethical Human Psychology and Psychiatry (EHPP), and your membership will be good through 2018. You will start receiving the hard copy EHPP in the mail with the 2018 issues.

#### **Open Letter and Press Release**



On August 15th, ISEPP sent an

Open Letter to the American
Psychological Association, the
American Psychiatric Association,
the American Counseling
Association, the National

Association of Social Workers, and the American Association for Marriage and Family Therapy, asking for guidance in the face of an ethical double bind regarding the DSM. A press release was simultaneously issued and picked up by 241 news outlets across the United States. Eight sister agencies joined ISEPP in the letter: ISPS-US, Center for Loss and Trauma, National Coalition for Mental Health Recovery,

MindFreedom International, Hearing Voices

understandably reacting to the context in which they find themselves. Like all people diagnosed with mental disorders, they are reacting as anyone would when faced with those terrible contexts. They are not defective! Far more is to be gained by examining the context, to include political, economic, and infrastructure issues, than by concentrating on mythical mental disorders that reside within.

<u>Network USA, MISS Foundation, Volunteers in Psychotherapy, and Warfighter Advance.</u>

#### Warfighter Advance Becomes a Nonprofit!

As you all know, ISEPP has been the fiscal sponsor for the <u>Warfighter Advance</u> program led

by ISEPP's Mary Vieten.
This is a unique program that offers non-medical, non-drug, and non-clinical help to veterans and



military who suffer from the traumas of war. We were just notified this month that Warfighter has been officially designated as its own 501(c)(3) nonprofit organization, and no longer requiring the fiscal sponsorship of ISEPP. Great work and congratulations to Mary and her staff!

#### **Humane Helping**



ISEPP's Eric Maisel has release yet another book, <u>Humane</u>

<u>Helping: Focusing Less on</u>

<u>Disorders and More on Life's</u>

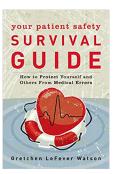
<u>Challenges</u>. Keeping in line with

Eric's typical theme, he presents a way for clinicians to stay clear of

a sterile, pharmaceutical-laden medical model and instead treat people as unique, meaningmaking human beings engaged in understandable life struggles.

#### Your Patient Safety Survival Guide

Check out another ISEPP member's book. Gretchen LeFever Watson recently released <u>Your Patient Safety Survival Guide: How to Protect Yourself and Others From</u>



Medical Errors. According to the publisher, one out of every four hospital patients are harmed by the care they receive and over 400,000 will die as a result. This is alarming!

As always, please share this newsletter and other ISEPP information through your social networking sites. Also, make sure to visit our <a href="mailto:Facebook">Facebook</a> and <a href="mailto:Twitter">Twitter</a> pages. Feel free to contact our <a href="mailto:Executive Director">Executive Director</a>, Chuck Ruby at <a href="mailto:docruby@me.com">docruby@me.com</a> or 301-646-6022 if you have any questions or suggestions.







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www.psychintegrity.org

psychintegrity@gmail.com

PO Box 15120 - Washington, DC - 20003

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