

Resources

www.coherencetherapy.org

https://www.youtube.com/watch?v=_V_rl2N6Fco

Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation (2012), by Bruce Ecker, Robin Ticic, and Laurel Hulley.

Depth Oriented Brief Therapy: How to Be Brief when you were trained to be Deep—and Vice Versa (1996), by Bruce Ecker and Laurel Hulley.

Coherence Therapy: Practice Manual and Training Guide (2007), by Bruce Ecker and Laurel Hulley.

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