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# ALTERNATIVES TO BIOLOGICAL PSYCHIATRY:

*If we don't medicate, what do we do?*

**October 28 - 29**

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**Do you recognize that  
the mental health  
system is broken?**

**Are you concerned  
about labeling & over-  
medicating of mental  
health problems?**

 **ISEPP**  
International Society for Ethical Psychology & Psychiatry

Topics Include:

- Safe, humane, life-enhancing methods of treating adults, children, families and couples in psychological distress without reliance on psychotropic drugs.
- Consumer-centered interventions that help people move towards full recovery.
- Restoring psychotherapy as a first-line intervention in behavioral health.
- What parents and families can do to help children without reliance on psychotropic drugs.
- Withdrawing from psychotropic drugs: Clinical indications, safety and supervision concerns.
- The impact of the pharmaceutical industry on evidence-based clinical mental health practice.
- 50 years after "The Myth of Mental Illness": Reflections on modern psychiatry.
- Treating children and adults with integrative care.

# CONFIRMED SPEAKERS AT ISEPP 2011 LOS ANGELES



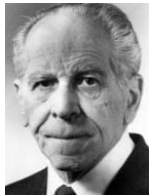
**Paula J. Caplan, Ph.D.**  
Research and Clinical Psychologist, Harvard University. Author, *They Say You're Crazy: How The World's Most Powerful Psychiatrists Decide Who's Normal*. Presenting a plenary

based on her just-published book, "*When Johnny and Jane Come Marching Home: How All of Us Can Help Veterans*."



**Nicholas Cummings, Ph.D.**  
Past President, American Psychological Association; Distinguished Professor of Psychology, University of Nevada-Reno. Presenting

"Restoring Psychotherapy as a First-Line Intervention."



**Thomas Szasz, M.D.**  
Professor Emeritus of Psychiatry, SUNY Health Science Center, Syracuse, NY. Author, *The Myth of Mental Illness, and Pharmacocracy: Medicine and Politics in America*. Presenting "Varieties of

Psychiatric Criticism."



**Robert Whitaker**  
Award-winning investigative journalist and author, *Mad in America and Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of*

*Mental Illness in America*. Presenting "Psychiatry's Response to Anatomy of an Epidemic: What the Emperor Says When He Has No Clothes."



**David Antonuccio, Ph.D.**  
ABPP, Professor, Department of Psychiatry, University of Nevada-Reno; internationally known for his work on the comparative efficacy of psychotherapy

and antidepressants, evidence-based assessment of psychiatric medications, and conflicts-of-interest in mental health research.



**Scott Shannon, M.D.**  
President, American Board of Integrative and Holistic Medicine and author, *Please Don't Label My Child and the Handbook of Complementary and Alternative Therapies in*

*Mental Health*. Presenting "The Ecology of the Child: A New View of Pediatric Mental Health."



**David Stein, Ph.D.**  
Psychologist and Professor, Virginia State University; author, *Stop Medicating, Stop Parenting: Real Solutions for your Problem Teenager and Ritalin is Not the*

*Answer: A Drug-Free, Practical Program for Children Diagnosed with ADD or ADHD*.



**Jacqueline Sparks, Ph.D.**  
Associate Professor, University of Rhode Island. Psychotherapist and researcher on client-directed, outcome-informed approaches to change, as well as feedback processes in

couples and family therapy; co-author, *Heroic Clients, Heroic Agencies: Partners for Change*.



**David Cohen, Ph.D.**  
Professor of Social Work, Florida International University; prolific author, researcher, and internationally recognized expert on psychiatric drugs; co-author, *Your Drug May*

*Be Your Problem*. Presenting "The Ethics and Politics of 'Neuroenhancement'".



**Joanne Cacciatore, Ph.D.**  
Assistant Professor, Arizona State University and Founder and CEO of the MISS Foundation, an international non-profit serving parents who have lost a child. Presenting "The Zen of

Death: A Mindfulness-based Traumatic Bereavement Intervention."



**Howard Glasser**  
Founder, Children's Success Foundation; creator, Nurtured Heart Approach, and best-selling author, *Transforming the Difficult Child and All Children Flourishing*.

Presenting "Transforming the Difficult Child."



**Ann Rider, MSW**  
Executive Director, Recovery Empowerment Network, an agency providing peer-owned and operated services to behavioral health consumers. Presenting "Narrative Therapy in

Peer Support: An Alternative Approach"

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**Claudia M. Gold, M.D.**  
Behavioral pediatrician and author, *Keeping Your Child in Mind: Overcoming Defiance, Tantrums and Other Everyday Behavior Problems By Seeing the World Through Your Child's Eyes*. Presenting "Over-reliance on Psychiatric Medications for Children: A Pediatrician's View."



**Willa J. Casstevens, Ph.D.**  
Assistant Professor, North Carolina State University. Presenting "Exploring Voices in a Mentored Self-Help Approach to Voice Hearing" (w/ J. Coker and T. Sanders).



**Brian Kean, Ph.D.**  
Lecturer, Southern Cross University and Editor, Ethical Human Psychiatry and Psychology. Presenting "Psychotropic Medication in the Classroom: How Should Teachers and Education Students Be Informed About This Complex Dilemma?"



**Virgil Stucker, MBA**  
Executive Director and President, CoopeRiis Healing Community, Chairman and President, The Foundation for Excellence in Mental Health Care, Inc. Presenting "Restoring Mental Health through Relationship-Centered Care and Philanthropic Action"



**Daniel Dorman, M.D.**  
Psychiatrist and Analyst, UCLA Clinical Assistant Professor, and author, *Dante's Cure: A Journey Out of Madness*.



**Phil Sinaikin, M.D.**  
Board-certified psychiatrist and author, *Psychiatryland*. Presenting "Psychiatryland: Marketing and Manipulation Tactics of the Biopsychiatry - Psychopharmacology Industry."



**David Oaks**  
Executive Director of MindFreedom International, an independent non-profit composed of 100 groups advocating for human rights in mental health; psychiatric survivor and human rights activist; author, *Users' Views on Coercive Treatment*, published in *Coercive Treatment in Psychiatry: Clinical, Legal, and Ethical Aspects*.



**Bose Ravenel, M.D.**  
Board-certified pediatrician and author (w/ J. Rosemond), *The Deseasing of America's Children*. Presenting: "Treating Behavioral Problems Without Drugs: An Integrative Approach to ADD, ODD, and Childhood Bipolar Disorder."



**Jeffrey Lacasse, Ph.D.**  
Assistant Professor, Arizona State University. Presenting (w/David Cohen), "A Practical Method for Reducing the use of Psychotropic Medications in Child Welfare Settings? Results From a Pilot Study."



**Jonathan Leo, Ph.D.**  
Professor of Neuroanatomy, Lincoln Memorial University-DeBusk College of Osteopathic Medicine. Presenting "The Adventures of Dr. Nobody: How I Was Banned from JAMA For Life, with Implications for Evidence-Based Psychiatry."



**Mark Foster, D.O.**  
Board-certified family physician and writer; founder, Clear Minds, a non-profit organization dedicated to education and advocacy for mental health reform. Presenting "Ghosts in the Machine: Lessons from the Front Line of a Mental Health Revolution"



**Jay Joseph, Psy.D.**  
Clinical Psychologist in Private Practice; author, *The Gene Illusion: Genetic Research in Psychiatry and Psychology Under the Microscope*.

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# PANEL PRESENTATIONS, ROUNDTABLE DISCUSSIONS, MEET THE AUTHORS, & MORE!

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EXPERTS DISCUSS HOW THEY WORK, FOLLOWED BY BREAKOUT SESSIONS ON EACH CLINICAL APPROACH!

## **EARLY PSYCHOSIS INTERVENTION PANEL:**

HOW CAN WE BEST HELP THOSE IN CRISIS?

## **PSYCHIATRIC SURVIVORS PANEL:**

CONSUMERS RELAY THEIR EXPERIENCES IN THE MENTAL HEALTH SYSTEM.

## **EVIDENCE-BASED LITERATURE PANEL:**

WHAT CLINICIANS SHOULD KNOW ABOUT THE SCIENTIFIC LITERATURE.

## **THE BIPOLAR CHILD PANEL:**

ANALYZING AN EPIDEMIC.

Additional specialized sessions on psychotherapy, working with adults diagnosed as severely and mentally ill, treatment of disruptive children, cognitive therapy of psychosis, working with aggressive and/or treatment-resistant clients, group therapy, alternatives to the medical model, consumer-directed care, how clients view psychiatric medications, innovative approaches to mental health problems in the educational system, the influence of the pharmaceutical industry, diversifying mental health education, and more!

**MOST ATTENDEES FIND THE ANNUAL CONFERENCES THE MOST STIMULATING, USEFUL, INTELLECTUALLY CHALLENGING, AND FRIENDLY MEETINGS THEY EVER ATTEND!**

## **REGISTRATION**

Non-members: \$140 for each day (Friday and Saturday), \$280 for both days.

ISEPP members or students receive \$25 discount per day; \$20 discount for attending both days.

Group discounts available, please inquire at the email address below.

Students are eligible for discounts or scholarships, please email Dr. Jeffrey Lacasse at [jeffrey.lacasse@asu.edu](mailto:jeffrey.lacasse@asu.edu) or call (602) 496-0067 for more information.

Continental breakfast and lunch included for both days.

Welcome dinner, \$50, Friday night- socialize with presenters and attendees!

**For questions email Dr. Michael Gilbert at [mgilbert@iacaf.org](mailto:mgilbert@iacaf.org) or call (315) 382-0541.**



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